

## Essential Oils

Some Useful Essential Oils for Dogs We Recommend



### Lavender (*Lavandula angustifolia*)

The best oil to have when stranded on a desert island.

Properties: Calming, analgesic, relieves itching, anti-bacterial, aids in skin healing and regeneration.  
Use for: Ear infections, cuts, scrapes, incisions, burns, deodorizing



### Niaouli (*Melaleuca viridiflora*)

This versatile oil is a relative of the popular Tea Tree, but gentler to use.

Properties: Anti-bacterial, anti-fungal, anti-viral, immuno-stimulant  
Use for: Ear infections, skin problems, respiratory conditions, deodorizing, insect repelling



### Roman chamomile (*Anthemis nobilis*)

Roman chamomile has long enjoyed its reputation for being a superior skin soother.

Properties: anti-inflammatory, sedative, analgesic  
Use for: Ear infections, calming, soothing skin problems



### Geranium (*Pelargonium graveolens*)

A sweet smelling skin-soother and natural tick repellent (with lavender and myrrh)

Properties: anti-fungal, anti-inflammatory, skin tonic, insect repellent  
Use for: Repelling ticks, skin problems, deodorizing, fungal conditions



### Peppermint (*Mentha piperita*)

As most peppermint is industrial-grade, a high quality source is imperative!

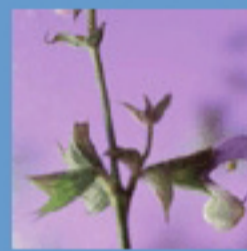
Properties: analgesic, anti-bacterial, insect repelling  
Use for: Massaging sore joints, freshening breath, relieving motion sickness (with Ginger),  
repelling fleas, flies and mosquitoes



### Sweet Orange (*Citrus sinensis*)

An excellent deodorizer and natural flea repellent.

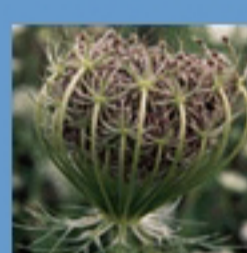
Properties: Calming, deodorizing, flea repelling  
Use for: flea repelling (combine with Peppermint in shampoos or sprays), Calming blends



### Clary Sage (*Salvia sclarea*)

Intensely calming without the possible toxicity of common Sage (*Salvia Officinalis*)

Properties: Calming, repels fleas and flies, deodorizing  
Use for: Calming fear and anxiety, insect repelling, deodorizing



### Carrot Seed (*Daucus carota*)

This oil has an affinity for dry or sensitive skin.

Properties: Stimulates skin regeneration, skin tonic and revitalizer  
Use for: Topical blends for skin problems such as dry, itchy skin, healing incisions



### Thyme linalol (*Thyme vulgaris ch. linalol*)

Strong antibacterial without irritation. (Must be linalol chemotype. Red or White Thyme can burn the skin!)

Properties: Anti-bacterial  
Use for: Ear infections, skin problems, cleaning wounds, bites, abrasions



### Atlas Cedarwood (*Cedrus atlantica*)

A deep, woody intense oil with a multitude of uses.

Properties: Anti-bacterial, Anti-fungal, insect repelling, deodorizing  
Use for: Skin and coat problems, flea repelling, in shampoos and coat conditioners blended  
with Lavender, Sweet orange and Niaouli



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